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Prof.MD. Maria E. Evseyeva have graduated Stavropol State Medical University with honors, then studied at clinical residency and postgraduate at the departments of internal diseases at the same University. She defended his candidate and doctoral dissertations on clinical and experimental material in the subject of cardioprotection from ischemic, stress and noncoronary myocardial damages at the Institute of General Pathology of Russian Academy of Sciences (Moscow). In recent years She directs the work of the research group on the problem of approaches to predictive complex diagnostics of the syndrome of early vascular aging and its personalized prevention in different groups of young people, taking into account a variety of risk factors and the environment.

She has about 300 publications, about 70 of which in International Journals, such as the Journal of Hypertension, European Journal on Preventive Cardiology, Clinical Cardiology, Journal of Predictive, Preventive and Personalized Medicine and others. She has formed a training program and conducts an educational cycle for doctors of various specialties on the topic "Anti-Aging Medicine and Socially Significant Diseases". She regularly submitted the results of their research at International and National congresses. She is the recipient of numerous Honorary Diplomas of The Health Ministry of the Russian Federation and The Russian Academy of Sciences. She has also been awarded Honorary Publishing Mark by the American Society of Preventive Cardiology and Paul White International Scientific Prize by The American Heart Association.