

# Curriculum Vitae

## Ruiling Li, MD, RN, Dean

### **MAILING ADDRESS:**

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### **EDUCATION EXPERIENCE:**

- 9/2009-6/2012 Master Degree of Nursing, Xinxiang Medical University, Xinxiang, Henan Province, China
- 9/2004-6/2007 Bachelor Degree of Clinical Medicine, Henan University, Kaifeng, Henan Province, China
- 9/1978-6/1981 Associated Degree of Nursing, Kaifeng Medical College, Kaifeng, Henan Province, China

### **MAJOR PROFESSIONAL EXPERIENCE**

- 11/2017-Present Dean, School of Nursing and Health, Henan University
- 11/2008-11-2017 Vice Dean, School of Nursing and Health, Henan University
- 12/2003—11/2008 Vice Dean, School of Medical, Henan University

7/1981—12/2003 RN, The First Affiliated Hospital of Henan University

## **SOCIETY MEMBER**

Editorial board member of Chinese Journal of Nursing

## **ORGANIZATION**

Member of the Undergraduate Teaching Steering Committee for Nursing Majors in Institutions of Higher Learning of the Ministry of Education of the P.R.C;

Vice Chairman of Intelligent Medicine Committee of Chinese Medical Education Association;

Member of the Standing Committee of the Working Group of Nursing Practice and Training in Colleges and Universities;

Member of Nursing Education Committee of Chinese Nursing Association;

Member of Henan Provincial Nursing Major Undergraduate Teaching Steering Committee;

Vice Chairman of Special Committee of Rehabilitation Medicine Education of Henan Province;

Vice Chairman of the Special Committee of Nursing Education of Henan Province;

Vice Chairman of the Special Committee of Elderly Nursing of Henan Province;

Member of Standing Committee of Hospice Nursing Committee of Henan Province;

## **HONORS**

2016 Outstanding Scientific and Technological Worker of Kaifeng

2015 Excellent Teacher of Henan Province

2012 Excellent Teacher of Kaifeng

## **AWARDS**

1. First Prize of the 10th Natural Science Excellent Academic Achievement of Kaifeng in 2014
2. Expression and Significance of MMP-9 and VEGF in Osteosarcoma. The Third Prize of the First Natural Science Academic Achievement of Henan Province in 2011
3. Study On the Changes of T-lymphocyte Subsets and Inflammatory Cytokines in Human Infected with Influenza(H1N1). The Second Prize of Science and Technology Progress Award by Kaifeng Municipal Government
4. Observation of Clinical Immune Effect of Non-drug HIV-CD4 Fusion Blocking Therapy. The Third Prize of Natural Science Academic Achievements of Henan Province in 2010
5. The First Prize of Excellent Teaching Plan Designer of “Science Word” in Higher Education Group . Education Department of Henan Province in 2010
6. Study on the Improvement of Therapeutic ERCP Clinical Pathway. The Second Prize of Kaifeng Municipal Government Science and Technology Progress Award in 2009

## **PATENTS**

1. A Method for Extracting Catechins (2012 National Invention Patent).  
Patent NO. : ZL200810049869.X  
Certificate NO. : 915083
2. An Intelligent Electric Air Cushion Mattress (2018 Practical Model Patent)  
Patent NO. : ZL 2017 2 1590215.9  
Authorization Announcement NO. : CN 208048926 U

## **RESEARCH FUNDING OR PROJECT**

1. Research on Painless Nursing Technology in Operating Room Nursing (2018)  
National Key Topic of the 13th Five-year Plan of the National Health and Family Planning Commission
2. Study on the Timing of Rehabilitation Training for Cerebral Repair in Acute Ischemic Stroke  
Science and Technology Development Plan of Henan Province

3. Intervention Study on the Potential of Primary Caregivers of Disabled Stroke Patients from the Perspective of Health Empowerment Theory  
Key Project of Medical Science and Technology in Henan Province
4. "Non-drug Fusion Blocking Therapy" was Used to Study the Preventive Treatment of HIV Occupational Exposure  
Key Science and Technology Research Projects of Henan Province
5. Comprehensive Training to Reduce HIV/AIDS Discrimination among Nurses.  
AIDS Project of Henan Global Funding

## **BOOKS AND BOOK CHAPTERS**

1. Ruiling Li, et al. Research and Application of Basic Nursing Theory (Chinese). Jilin Science and Technology Press of China. December, 2019.
2. Ruiling Li (ed), et al. Training of Nursing Skills. Beijing University of Technology Press of China (Chinese). December, 2019.
3. Ruiling Li (ed), et al. General Practice of Medicine (Chinese). The Second Military Medical University of Press of China. November, 2012.
4. Ruiling Li (ed), et al. Research on the Modern Diagnosis and Treatment of Cardiovascular Diseases (Chinese). Jilin University of Press of China. July, 2013
5. Ruiling Li, et al. Mental Health of College Students (Chinese). Henan University Press of China. August, 2009.

## **PEER-REVIEWED JOURNAL ARTICLES**

1. Li Ruiling, Tao Zhimin, Han Lingyu, Liu Yu. Rational Application of Antibiotics Drugs and Stroke Rehabilitation Nursing Based on MI Therapy[J]. BOLETÍN DE MALARIOLOGÍA Y SALUD AMBIENTAL, 59(1):207-213(2019).
2. Li Ruiling ,Dou Dongmei, Wang Yuanyuan. Effects of Project-Based Learning in Improving Scientific and Practice Capacity of Nursing Undergraduates[J]. Springer Lecture Notes in Electrical Engineering, 2481-2483 (2013).
3. Ruiling Li, Lingyu Han, Min Li, Yu Liu. Development of Post Competency Evaluation

System for Nursing Staff in Nursing Homes[J]. Chinese Journal of Nursing Education. 6(08),606-609(2019).

4. Li Ruiling, Han Lingyu, Liu Yu, Zhang Xu. The Effect of Life Education on the Depression in Patients with Stroke[J]. Chinese General Practice Nursing. 16(23),2875-2877(2018).
5. Zhang Xu, Li Ruiling, Wang Jingjie, Chen Min. Acceptance of Disability and Related Factors in Patients with Ischemic Stroke[J]. Chinese Mental Health Journal, 2018,32(04):314-318.
6. Zhao Junke, Qin Ying, Li Ruiling, Li Li. Research of Anxiety Care of Hematopoietic Stem Cell Transplantation Patients[J]. Chinese General Practice Nursing, 2018,16(05):547-549.
7. Li Chaoyang, Wei Liang, Li Ruiling. The Influence of Exercise Treatment on Type I Hypertension of Elders[J]. Journal of Henan University (Medical Science), 2016,35(04):287-289.
8. Li Hong, Shi Zhenyu, Li Ruiling. Effects of Ischemia and Hypoxia on DNA Methylation in Mouse Hippocampus[J]. Acta Anatomica Sinica, 2016,47(03):289-296.
9. Li Ruiling, Chen Yongfang, Wang Ying, et al. Synapse Loss in Visual Cortex of Mouse after Prenatal Nitrite Exposure[J]. Acta Anatomica Sinica, 2015,46(06):729-736.
10. Li Ruiling, Dai Fumin, Zhao Huinan, et al. Research Progress on Association between Attachment Theory and the Elderly with Chronic Pain[J]. Chinese Journal of Nursing, 2015,50(05):537-540.
11. Li Ruiling, Feng Zhifen, Wang Ning, et al. Observation of Clinical Immune Effect of Non-drug HIV-CD4 Fusion Blocking Therapy[J]. Chinese Journal of Preventive Medicine, 2013,47(11):1068-1069.
12. Li Ruiling, Zhou Jie, Wang Qiang, et al. Effects of Alcohol Exposure on retinal teratogenicity and apoptosis[J]. Acta Anatomica Sinica, 2013,44(3):297-303.
13. Li Ruiling, Sun Ruimin. A Preliminary Study on the Performance Evaluation Indicators of Clinical Nurses[J]. Chinese Journal of Practical Nursing, 2013,29(27):76-78.
14. Ju Xinmei, Zhang Guozeng, Li Ruiling. Clinical Nurses Acquired Immune Deficiency Syndrome Sources of Knowledge[J]. Journal of Nurses Training, 2012,27(5):438-440.

15. Li Ruiling, Ju Xinmei. Survey of the Status of Medical and Nursing Staffs in Outpatient Clinic Carrying out Occupational Exposure Measures for AIDS[J]. Nursing Research, 2011,25(1): 31-32.
16. Li Ruiling. Expression and Significance of MMP-9 and VEGF in Osteosarcoma[J]. Shandong Medical Journal, 2010,50(30):67-68.
17. Li Ruiling, Wang Guoying. Infection Status of Demodex among Nursing College Students[J]. Chinese Journal of Schistosomiasis Control, 2010,22(4):396+398.
18. Li Ruiling, Liang Hongxia, Dou Dongmei, et al. New Progress in Nursing Education Research[J]. Journal of Medical Forum, 2010,31(16):205-207.